



THREE SHIRES

INN

Starters

Homemade soup of the day , served with locally made bread	<i>gf¹ df ve</i>	£6.80
Salt and Pepper Calamari with Piri Piri mayonnaise and mixed leaf salad		£9.25
Spiced Chickpea Panisse served with vegan yoghurt, a mango puree and pomegranate seeds	<i>ve gf</i>	£8.50
Black tiger prawns served with Piri Piri sauce, crisped bacon shards and mixed leaf.		£10.25
Venison, cranberry and caper bon bon served with a curried parsnip puree		£9.25
Sundried Tomato and garlic camembert with Westmorland chutney and crisp breads	<i>gf¹</i>	£11.95
Twice baked cheddar souffle served with sauteed spinach, oven baked sourdough and butter	<i>gf¹</i>	£8.50

Mains

Meat

8oz dry aged sirloin steak served with grilled tomato, flat field mushroom, salad and hand cut chips.	<i>gf df</i>	£29.95
Sauces: Peppercorn, Blue Cheese, or Mushroom		£3.50
Pan seared chicken supreme served with dauphinoise potatoes, wild mushrooms, and seasonal vegetables in a black pepper cream sauce	<i>gf</i>	£23.95
Venison Haunch , served with Hasselback potatoes, confit fennel, salted orange segments and blackcurrant puree with a pickled celeriac and pomegranate seed salad		£26.95
Burger of the Day with cheese, smoked streaky bacon, baby gem lettuce, beef tomato, sundried tomato and garlic chutney, homemade coleslaw, and fries.		£16.90

Fish

Fish of the day served with garlic mash, sauteed samphire, lemon butter and seasonal vegetables	<i>gf df</i>	£25.00
Battered Haddock with hand cut chips, tartare sauce and garden peas	<i>gf df</i>	£17.30

Vegan & Vegetarian

Wild mushroom, roasted butternut, and spinach risotto	<i>ve/v/gf/df</i>	£19.95
Vegan Plant burger served with portobello mushroom, beetroot relish, vegan cheese, coleslaw, and fries	<i>ve/v</i>	£16.90

gf – Gluten Free, df - Dairy Free, v – Vegetarian, ve - Vegan, gf¹ – Gluten free option.

A discretionary service charge of 10% will be added to your bill.

Allergen information is available, please ask when ordering your meal.

Unfortunately, we cannot guarantee against cross contamination for people with severe allergies.



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INN

Sides

Seasonal Vegetables, House salad, Bread & butter	£3.90
Chips	£4.80

Children's

Chicken goujons, salad & fries	£8.90	Fish, fries & garden peas	£8.90
Sausage, fries, and garden peas	£8.90	Burger of the day, fries & coleslaw	£8.90

Desserts

Gluten free chocolate brownie with a mixed berry compote and vanilla ice cream	<i>gf</i>	£8.65
Sticky toffee pudding served with vanilla ice cream		£8.90
Three shires Cranachan - Whisky mousse with honey, baked oats, Jameson's whiskey-soaked raspberries, and raspberry sorbet	<i>gf</i> ¹	£8.90
Ice Cream - Thunder and Lightning, Crushed Strawberry, Vanilla, Death by Chocolate or Mint Choc Chip	<i>gf</i>	1 Scoop £2.50 2 Scoop £4.70 3 Scoop £6.50
Three Cheese Board - Black dub blue, black bomber cheddar and Eden valley brie served with celery sticks, Westmorland chutney, biscuits, and black grapes	<i>gf</i> ¹	£12.50

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