



# THREE SHIRES INN

## Starters

<b>Homemade Soup of the day</b> served with locally made bread	gf <sup>1</sup> df v	£5.60
<b>Chestnut Sage Arancini</b> with black garlic ketchup, parmesan tuille, and toasted hazelnuts	v	£7.75
<b>Twice baked Three Cheese Souffle</b> with warm crusty sourdough	v	£7.95
<b>Gambas pil-pil.</b> Prawns with chorizo and peri-peri sauce	df gf	£8.25
<b>Deep Fried Calamari</b> with a peppercorn aioli, rocket and a lemon wedge	gf	£8.25
<b>Smoked Duck Breast</b> in a pomegranate and juniper molasses served with ginger gel and pickled walnut, all topped with a quail's egg	df gf	£8.75

## Mains

### Meat

<b>Dexter Beef Fillet</b> served with ox cheek, fondant potato, caramelized shallot, broccoli, lovage and a rich beef jus	df	£27.00
<b>Ullswater 35 Day Salt Aged Ribeye Steak</b> served with portobello mushroom, cherry vine tomatoes, hand cut chips and rocket	gf <sup>1</sup> df	£22.50
<b>Sauces:</b> Peppercorn, Blue Cheese, Diane or Mushroom		£2.50
<b>Moroccan Spiced Lamb Rump</b> served with Biarritz potatoes, tomato, feta and olive salad and Greek yogurt	gf	£22.50
<b>Seared breast of Pheasant</b> stuffed with wild boar and damson on a celeriac and thyme puree and in a red wine and raspberry jus. Served with fondant potato and seasonal vegetables		£22.50
<b>Chicken Caesar Salad</b> with parmesan, lettuce, croutons, and Caesar dressing	gf <sup>1</sup>	£14.50

### Fish

<b>Pan Fried Halibut</b> in a lemon butter with gnocchi, broccoli, oyster mushroom and samphire	df	£25.00
<b>Beer Battered Haddock</b> with hand cut chips, tartar sauce and mushy peas	gf <sup>1</sup>	£14.50

### Vegetarian and Vegan

<b>Harissa Roasted Butternut Pumpkin and Feta Salad</b> with herb oil, salad greens, pomegranate and pistachios	v df	£14.50
<b>Chestnut Mushroom Risotto</b> served with truffle, tarragon and parmesan	v(e) df	£17.50

### Burgers

<b>Beef Burger</b> with cheddar cheese, streaky bacon, gem lettuce, tomato, red onion, tomato salsa, coleslaw, and fries		£14.90
<b>Venison Burger</b> with cheddar cheese, streaky bacon, gem lettuce, tomato, red onion, apple and damson relish, coleslaw, and fries		£14.90
<b>Spiced Buttermilk Chicken Burger</b> served with fries, Asian-slaw and garlic mayonnaise	gf <sup>1</sup>	£14.90
<b>Vegan burger</b> with portobello mushroom, beetroot relish, rocket, vegan cheese, coleslaw, and fries	gf <sup>1</sup> v(e)	£14.50

gf – Gluten Free, df - Dairy Free, v(e) – Vegetarian (Vegan), gf<sup>1</sup> – Gluten free option.

**A discretionary service charge of 10% will be added to your bill.**

*Allergen information is available, please ask when ordering your meal.*

*Unfortunately, we cannot guarantee against cross contamination for people with severe allergies.*



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## Sides

Seasonal Vegetables, House salad, Bread & butter	£3.50
Chips	£4.50

## Children's

Chicken goujons, salad & chips	£7.50	Fish goujons, chips & peas	£7.50
Sausage, mash and peas	£7.50	Burger of the day, chips & coleslaw	£7.50

## Desserts

### Sticky Toffee Pudding (£8.20)

With vanilla ice cream and a toffee sauce

### Apple and Rhubarb Crumble (£7.80)

With vanilla custard, cream or vanilla ice cream

### Lemon Posset<sup>gf</sup> (£7.50)

Served with a lemon balm, raspberry gel and fresh raspberries

### Ice Cream

(1 Scoop £2.40, 2 Scoops £4.10, 3 Scoops £5.80)

Thunder & Lightning, crushed strawberry, vanilla, death by chocolate or mint choc chip

### Cumbrian Cheese Board (£9.25)

Three local cheeses (Blengdale Blue, Black Bomber cheddar and Eden Smoky Brie)

served with celery, quince, biscuits, and grapes

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