



THREE SHIRES INN

Lunch Menu

Starters

Homemade soup of the day , with locally made bread	gf ¹ df v	£5.60
Smoked Curried Haddock Fishcake , with poached egg and wilted spinach		£7.95
Twice baked two cheese soufflé , with warm crusty sourdough	v	£7.50

Mains

Burger of the day with cheddar, streaky bacon, gem lettuce, tomato, red onion, tomato salsa, coleslaw, and fries	gf ¹	£14.90
Vegetarian burger with portobello mushroom, beetroot relish, rocket, vegan cheese, coleslaw, and fries	gf ¹ v	£14.50
Beer Battered Haddock with hand cut chips, tartar sauce and mushy peas.	gf	£14.50
Harissa Roasted Butternut Pumpkin and Feta salad , with herb oil, salad greens, pomegranate, and pistachios	v df	£14.25
Chicken Caesar Salad , with parmesan, lettuce, croutons, and Caesar dressing	gf ¹	£13.95
8oz Sirloin Steak , with portobello mushroom, cherry vine tomatoes, hand cut chips, and rocket	gf	£21.50
Sauces: Peppercorn, Blue Cheese, Diane, or Mushroom		£2.50

Sandwiches

Fish Butty , with gem lettuce, tartar sauce and fries	gf ¹	£8.75
Roast Striploin Beef , with caramelized onion, Dijon mustard, provolone cheese, and fries	gf ¹	£9.50
Cumberland Sausage Butty , with tomato relish, caramelized read onion, and fries	gf ¹	£8.75
Cheese and Pickle , with crisps and salad leaf	gf ¹	£7.95
Tuna Mayo , with spring onion, dill, lemon, crisps and salad leaf	gf ¹	£7.95
Avocado , basil pesto, olives, sundried tomato, balsamic vinegar, crisps and salad leaf	gf ¹ v df	£7.95

Desserts

Sticky Toffee Pudding , with vanilla ice cream, and toffee sauce		£7.50
Apple Crumble , with vanilla custard, cream, or vanilla ice cream	gf ¹	£7.25
Vanilla Panna Cotta , with macerated strawberries, mint, and strawberry sauce		£7.25
Ice Cream , thunder and lightning, crushed strawberry, vanilla, death by chocolate or mint choc chip	gf	1 Scoop £2.20 2 Scoop £3.90 3 Scoop £5.20

Children's Meals

Chicken goujons, salad & chips	£7.25	Fish goujons, chips & peas	£7.25
Beef lasagna, garlic bread and salad	£7.25	Burger of the day, chips & coleslaw	£7.25

Sides: Chips, Seasonal Vegetables, Onion Rings or House salad **£3.50**
Bread & butter **£2.80**

gf – Gluten Free, df - Dairy Free, v – Vegetarian gf¹ – Gluten free bread is available on request

*Allergen information is available, please ask when ordering your meal.
Unfortunately, we cannot guarantee against cross contamination for people with severe allergies.*



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Drinks and Snacks

Alcoholic Drinks		
<p>Draught Beers and Ciders</p> <p>Loweswater Gold Wainwright Estrella Becks Vier Friels Cider</p> <p>Bottled Beers and Ciders</p> <p>Becks Blue Kirin Ichiban Warsteiner Corona Erdinger Weiss Crabbies Ginger Beer</p> <p>Kopperberg Fruit Cider</p> <p>Strawberry & Lime Raspberry Mixed Fruit</p>	<p>White Wine (S, M, L, Bottle)</p> <p>Borsao Macabeo – Spain Chardonnay – France Pinot Grigio – Italy Savignon Blanc – New Zealand</p> <p>Red Wine (S, M, L, Bottle)</p> <p>Carmenere – Chile Merlot – Italy Shiraz – Australia Malbec – Argentina</p> <p>Rosé</p> <p>Zinfandel Rosé Pino Grigio Rosata</p> <p>Sparkling</p> <p>Prosecco – Italy Champagne (Please ask)</p>	<p>Spirits</p> <p>Gin (Please ask) Whisky (Famous Grouse) Jamesons Vodka (Smirnoff) Rum (Lambs Dark, Spiced) Bacardi Brandy (Please ask) Jim Bean Jack Daniels Malt Whisky (Please ask) Sherry (Please ask) Martini Port Liqueurs (Please ask)</p>
Non Alcoholic Drinks		Beverages
<p>Draught Coca Cola (S,M,L) Draught Diet Coke (S,M,L) Draught Lemonade (S,M,L) Draught Soda Water (S,M, L) Bottled Coca Cola Bottled Coca Cola Zero Bottled Fanta Appletizer Big Tom Orangina Lucozade</p>	<p>Orange Juice Apple Juice Mineral Water</p> <p>Ginger Beer Victorian Lemonade Dandelion & Burdock Sparkling Elderflower</p> <p>Apple & Raspberry Orange & Passion fruit Orange & Mango</p>	<p>Tea Specialty Tea (Please ask) Americano (S, L) Cappuccino (S,L) Flat White Latte Espresso (Single, Double) Mocha Hot Chocolate Specialty Hot Chocolate</p>
Snacks		
<p>Crisps</p> <p>Wild Thyme and Rosemary Sea Salt Cheddar and Onion Cider Vinegar and Sea Salt</p> <p>Pork Scratchings</p> <p>Cornish Sea Salt Habanero Chilli</p>	<p>Nuts</p> <p>Salted Peanuts Dry Roasted Peanuts Spicy Peanuts Salted Cashews</p> <p>Chocolate</p> <p>Kit Cat Caramel Mars</p>	<p>Cakes</p> <p>Please ask</p> <p>Ice Cream</p> <p>Magnum Solero Cornetto Calippo Feast Twister</p>

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